

MOVEIFY HEALTH SOLUTIONS

Exercise Physiology Referral Form

Email completed form to ryan@moveifyhealth.com · 0435 524 991 · 4 George St, Williamstown SA 5351
Accredited Exercise Physiologist (ESSA) · NDIS (self & plan-managed) · DVA · Medicare CDM · Private



1. REFERRER

Person completing form (if not referrer): Date:

Referrer name / role: Organisation:

Phone: Email: Provider no. (if GP/medical):

Client permits us to contact you? ☐ Yes ☐ No

Please send progress / outcome reports to me ☐

2. CLIENT

Full name: Date of birth:

Phone: Email:

Address:

Preferred contact: ☐ Phone ☐ Email ☐ Via referrer

Documents / reports by: ☐ Email ☐ Post

Interpreter required? ☐ No ☐ Yes Language / accessibility needs:

Guardian / nominee / carer (name, relationship, contact):

Permission to contact guardian/carers? ☐ Yes ☐ No ☐ N/A

3. REASON FOR REFERRAL

Primary reason / diagnosis:

Relevant medical history & current medications (or attach health summary):

Red flags / precautions (cardiac, falls risk, post-op restrictions, behavioural):

Goals the client / referrer wants addressed:

Other providers involved (physio, OT, psych — incl. usual treatment days):

4. FUNDING — TICK ONE AND COMPLETE THAT BLOCK

NDIS we accept self-managed and plan-managed participants only

NDIS participant number: Plan start: Plan end:

Plan management: Self-managed ☐ Plan-managed ☐ NDIA-managed (unable to accept) ☐

Plan manager (name / org / invoice email):

Support coordinator (name / org / phone / email):

Funding budget: Improved Daily Living ☐ Improved Health & Wellbeing ☐ Unsure ☐ Approx. funding available:

NDIS plan goals relevant to this referral:

DVA no cost to the client — DVA billed directly

Card: Gold ☐ Gold TPI ☐ White ☐ DVA file number:

If White Card — accepted condition(s) this referral relates to:

D904 / treatment cycle referral: Attached ☐ Will follow (required before first appointment) ☐

Usual GP (name / practice / contact — for End of Cycle Report):

Medicare CDM GP Chronic Disease Management plan

CDM plan / referral: Attached ☐ Will follow ☐ EP sessions allocated (of 5/yr):

Referring GP provider number:

Private / insurance / other incl. Return to Work SA

Detail: Claim no. + case manager (if compensable):

5. HOW DID YOU HEAR ABOUT MOVEIFY? (optional)

GP ☐ Physio ☐ Support coordinator ☐ Plan manager ☐ Friend / family ☐

Existing client ☐ Web search ☐ Social media ☐ Other:

6. CONSENT

The client consents to this referral and to Moveify contacting them directly.

The client consents to relevant health information being shared between the referrer and Moveify for the purpose of care.

Signature: Date:

Privacy: Moveify Health Solutions handles personal information under the Privacy Act 1988 (Cth). Policy: moveifyhealth.com/privacy-policy

WHAT HAPPENS NEXT

1. We contact the client within 2 business days.
2. NDIS: service agreement issued and signed before the first session. DVA: first appointment booked once the D904 is received.
3. You receive confirmation of the first appointment, and outcome reporting per scheme (DVA End of Cycle Report to the usual GP; NDIS progress reports as agreed; CDM letter back to the GP).

EMAIL COMPLETED FORM TO: ryan@moveifyhealth.com